

Ju-jitsu

Offering traditional Japanese Ju-Jitsu. This system is designed for self-defense against multiple attackers and You will learn, balance, proper ways to block, kick and punch, throws and locks, groundwork and grappling, rolling and break falls. This class is appropriate for all ages 6 years and up, all body types and all levels of fitness. All you need is comfortable clothing and an adventurous attitude.



Ages 6 - Senior

Wednesday 6:30 – 7:30 pm

\$45 per month

Sibling Discount Available

Harbor City Dojo has been teaching martial arts in Brevard County for 20+ years. First as Suntree Dojo, then Pro Health Martial Arts and for about the last 10 years as Harbor City Dojo. We teach traditional Japanese Ju-Jitsu, Aiki Ju-Jitsu, Judo and sword. We are affiliated with USJA and USJJA on the national level. Our head Senseis John Newton and Dave Parritt are seventh degree black belts with black belts in multiple martial arts with many other senseis who have a wealth of knowledge in this and other disciplines. Sensei Rob Brothers, a third degree black belt will be teaching the class.

