



PRESENTED BY THE RUNNING ZONE

KICK OFF EVENT

Saturday, February 11, 2023, at 8:15 AM
3696 N. Wickham Road, Melbourne, FL 32935

**LIGHT FOOD, REFRESHMENTS,
MUSIC, AND PRIZES**

ZUMBA LIGHT WARM UP at 8:45am

1-, 2-, OR 3- MILE WALK at 9:00am

Arrive at 8:15am to check out our sponsors!

The Spring into Fitness Challenge Presented by Running Zone is a FREE eight-week challenge for citizens to join a local team and engage in healthy competition. Team members will track their minutes of exercise and teams will compete for the title of "Most Fit Team!"

For more information, follow us on Facebook!
<https://www.facebook.com/2023SpringIntoFitnessChallenge>

Visit our Eventbrite or scan the QR code to register for the challenge:
<https://bit.ly/3ZP7IFS>



The University of Florida is committed to providing universal access to all of our events. For disability accommodations such as sign language interpreters and listening devices, please contact the UF/IFAS Brevard County Extension Office at brevard@ifas.ufl.edu or (321) 633-1702 at least 2 weeks in advance. Advance notice is necessary to arrange for some accessibility needs.

Equal Opportunity/Affirmative Action Institution